

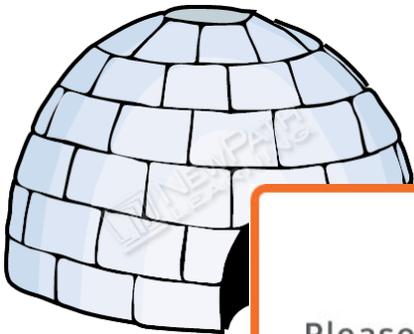
## FIRST AMERICANS

### Who were the First Americans?

It is believed that the first human beings in America came from **Asia**. Thousands of years ago, a bridge of land connected Asia and North America. The first Americans crossed the bridge of land from Asia to North America.

The first Americans depended upon their environment for their food, clothing, and shelter.

The **Inuit** who lived in Alaska depended upon the seal and the caribou for food, clothing, and fuel. Shelters called **igloos** were built from blocks of snow.

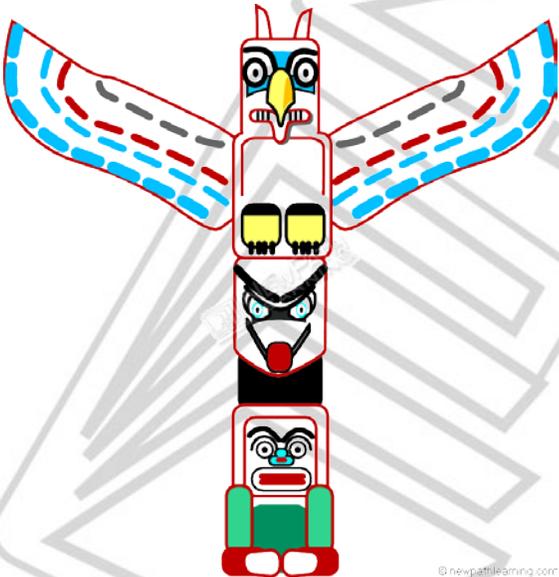


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The **Indians** of  
for their basic n  
Northwest. The

and the forests  
of the Pacific  
houses from wood.



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Native Americans who lived in the deserts of the Southwest were known as the **Pueblo Indians**. The Pueblo Indians built their homes from clay bricks called **adobe**. Some Pueblo Indians built their homes on flat-topped hills called mesas. The basic food of the Pueblo Indians was corn.



The **Plains Indians** were nomads, or people who moved from place to place in search of food. They depended on the buffalo for their basic needs. The Plains Indians lived in **tepees** made from the skins of buffalo.



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The **Iroquois Indians** depended on the deer for their basic needs. The Iroquois built houses from wood and deerskin that were called **longhouses**. Corn, beans, and squash were some of the crops grown by the Iroquois.

