

ONE MORE, ONE LESS

One More, One Less

Let's practice counting FORWARD and BACKWARD by one.

5 6 7

If you count **BACKWARDS** by 1 starting with the number 6, you should count backwards to the number 5.

$$6 - 1 = 5$$

1 2 3 4 5 ← 6 7 8 9

If you count
count forward

$$6 + 1 = 7$$

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1 2 3 4 5 6 → 7 8 9

21 22 23

If you count **BACKWARDS** by 1 starting with the number 22, you should count backwards to the number 21.

$$22 - 1 = 21$$

20 21 ← 22 23 24 25 26

If you count **FORWARD** by 1 starting with the number 22, you should count forward to the number 23.

$$22 + 1 = 23$$

20 21 22 → 23 24 25 26



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What number is one **LESS** than 15?